



WELCOME TO OUR

# Seasonal Newsletter



## Plymouth Highbury Trust Turns 70! 🎉🎉🎉

This year, we are thrilled to be celebrating our 70th birthday, and we can't wait to share this special milestone with you.

Expect new and exciting events, with plenty of ways for everyone to join in and celebrate with us.

Keep your eyes peeled!

Want to share something in our next newsletter or join our mailing list?

Please email: [johanne.porter@plymouthhighburytrust.org.uk](mailto:johanne.porter@plymouthhighburytrust.org.uk)



## Christmas Coffee Morning

Our last Coffee Morning of the year was amazing, with lots of yummy cake, raffle prizes, and plenty of chatter - we are thrilled to share that we raised £550! We also held a popular Guess the Weight of the Christmas Cake competition, which attracted lots of entries.



And during our last Coffee Morning we were delighted to receive a cheque presentation from the Plymouth Law Society, who raised over £5,000 for us at their annual Formal Dinner.



## ORBIT CLUB update!

Orbit Club will be held at Harpers Football Centre until the end of February.

The days and times remain the same:

Monday: 10:30am – 2:30pm

Thursday: 10:30am – 2:30pm

We will confirm on our social media pages when Orbit Club will be returning to Crownhill Family Centre.

## Secret Santa!



A new Highbury Tradition?

With the theme being socks, there were plenty of smiles and of course plenty of socks, from silly designs, festive pairs to some very comfy pairs, everyone were extremely pleased with their new feet attire!

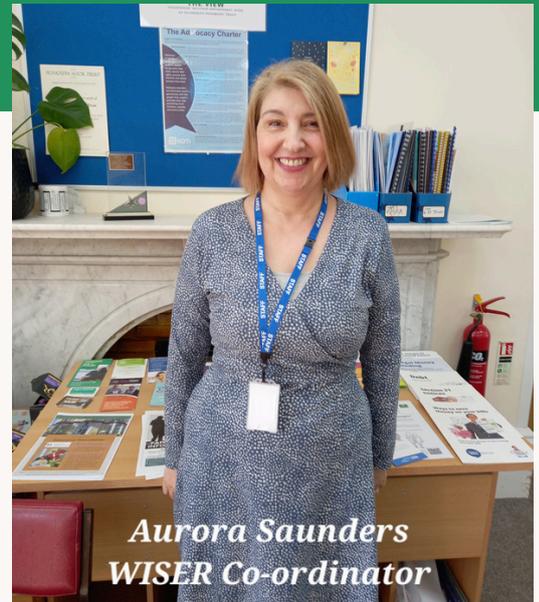
# WISER

## Returning for 2026

**Congratulations to Aurora**, who not only delivers our excellent Fire Training but has now taken on the role of WISER Co-ordinator. With a complete refresh of the course underway, we are excited to see WISER continue to grow and develop.

WISER is our domestic abuse programme for women with learning disabilities. It is delivered in an accessible format to help participants understand what domestic abuse looks like, as well as what healthy relationships look like.

If you know someone who could benefit from completing this programme, please contact Aurora to make a referral: [aurora.saunders@plymouthhighburytrust.org.uk](mailto:aurora.saunders@plymouthhighburytrust.org.uk)



*Aurora Saunders*  
*WISER Co-ordinator*

## Plymouth Supported Living

PSL have been busy over the past few months, enjoying a wide range of day trips, festive activities and birthday celebrations. Highlights have included a visit to Endsleigh Gardens, a day out at IKEA, and a fantastic musical performance at Highbury. Everyone also enjoyed seeing the Christmas lights around Plymouth, and we were delighted to welcome a very special visitor once again – the Grinch!



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